



# Interviewing Do's and Don'ts

**How would you answer those difficult and tricky personal questions such as:**

"Would you tell me about yourself?"

"So, who are you?"

"What are some of your personal characteristics?"

"How would you describe your personality?"



## Do's

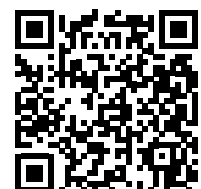
- ✓ Reference how you learned about your traits. i.e. You completed the INSIGHT Inventory personality assessment, StrengthsFinder, MBTI, etc.' This adds credibility to your responses.
- ✓ Prepare ahead of time. Have your responses rehearsed enough you can adapt them as you go.
- ✓ Practice, practice. Just because you can write something out, doesn't mean you can say it smoothly and confidently. Practice with a career coach or friend.
- ✓ Learn how to incorporate past successes and specific project behaviors into your responses. This is called behavioral-based responding and interviewers look for it.

## Don'ts

- ✗ Get derailed and start talking about your personal life, friends, pets, etc. You'll be disclosing information that is not relevant and demonstrating that you have difficulty focusing.
- ✗ Be vague. Have your responses rehearsed enough you can be specific and give examples.
- ✗ Use popular responses you've hear from social media influencers. Your interviewer has probably heard all these before (and watches social media too). Be sure your responses are unique.
- ✗ Start and stop in ways that indicate that you are having trouble thinking of what to say. Rehearse!



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